



trust

THE PRINCE OF WALES HOSPITAL

**ride
for life**



PRINCE OF WALES
HOSPITAL FOUNDATION

Centennial Park - Sunday 23 August 2009

RACE SCHEDULE:

8.00am	Open D Grade	24 kilometres
8.40am	Open C Grade	24 kilometres
9.20am	Open B Grade	30 kilometres
10.05am	Open A Grade	36 kilometres
11.00am	Recreational Fun Ride	1 hour maximum
12 noon	Corporate	24 kilometres
1.00pm	Under 15	16 kilometres
1.25pm	Under 13	10 kilometres
1.45pm	Tafe Relay Challenge	16 kilometres
2.20pm	The Foundation Cup	8 kilometres

The day will feature children attractions including face painters, jumping castle, clowns as well as outstanding musicians. The Bicycle Trade Show will feature twenty trade displays featuring the latest equipment and what is on show for 2010. There will also be food available. All attractions and bike trade show are free to the public. Further information view www.rideforlife.org.au